

## Section 6: Hand Signals

Time: 5 Minutes

### Instructor Notes:

State: The following three hand signals, *Single File*, *Stagger formation*, and *Hazard in the road*, should be demonstrated and understood by all Team members before beginning the ride.

State: Bare hand in the following pictures is for demonstration and contrast. Riders should always wear full fingered gloves while riding

<p><b>"Single File"</b> (Screen 28)</p>  <p>Arm and index finger extended straight up. "Group needs to know this one"</p>	<p><b>"Stagger Formation"</b> (Screen 29)</p>  <p>Arm extended straight up. First and fourth finger forms "ram's horn" sign. Group needs to know this one</p>	<p><b>"Hazard in Road"</b> (Screen 30)</p>  <p>Point immediately with emphasis. Sometimes done with right arm. Group needs to know this one</p>
<p><b>"Follow Me"</b> (Screen 31)</p>  <p>Arm extended straight from shoulder, palm forward.</p>	<p><b>"Speed Up"</b> (Screen 32)</p>  <p>Arm down to side. Fist clenched. Twist as if turning throttle.</p>	<p><b>"Stop or Slow"</b> (Screen 33)</p>  <p>Arm extended straight down. Palm back.</p>
<p><b>"You Lead"</b> (Screen 34)</p>  <p>Arm extended down. Palm forward. Swing forward from hip in arc.</p>	<p><b>"Check Headlight"</b> (Screen 35)</p>  <p>Tap on top of head with open hand, palm down.</p>	<p><b>"Need Fuel Stop"</b> (Screen 36)</p>  <p>Arm out to side. Point to fuel tank.</p>